

PROCEEDINGS OF THE AGING & DISABILITY RESOURCE CENTER OF BROWN COUNTY BOARD MEETING

March 26, 2010

PRESENT: Patricia Finder-Stone, Tom Diedrick, Libbie Miller, Judy Parrish
Bill Clancy, Keith Pamperin, Pat Cochran, Donajane Brasch,

EXCUSED: Grace Aanonsen, Steve Daniels

ALSO PRESENT: Sunny Archambault, Arlene Westphal, Devon Christianson,
Debra Bowers, Christel Giesen, Laurie Ropson, Steve Maricque,
Denise Misovec, John Schnabl, Pat Stevenson, Pam Groeschl,
Julie Siefert

PLEDGE OF ALLEGIANCE.

INTRODUCTIONS: Introductions were made by Board Members and those present.

Chairperson Diedrick called the meeting to order at 8:30 a.m.

ADOPTION OF AGENDA: A motion was made by Ms. Miller and seconded by Ms. Parrish to adopt the March 25, 2010 agenda. **MOTION CARRIED.**

APPROVAL OF THE MINUTES OF THE REGULAR MEETING OF FEBRUARY 25, 2010:
Mr. Pamperin moved and Ms. Finder-Stone seconded to approve the minutes of the regular meeting of February 25, 2010. **MOTION CARRIED.**

FINANCIAL REPORT:

A. APPROVAL OF THE FEBRUARY 2010 FINANCE REPORT: Ms. Archambault reviewed the February 2010 Finance Report. She noted that the Benefit Specialist Part-D Grant expense appears to be over budget due to spending these grant dollars first. The Equipment Non-Outlay Budget and the Supplies & Expense Budget also appear to be over; however, budget increases were approved in these areas at a previous meeting. Overages in Software Support & Development are reflected in payment of these fees in early January. Chargebacks in the areas of Information Services, EAP/Insurance, Central Services and Facilities represent 6 months of expenses and will balance out later in the year.

Ms. Archambault explained that under revenues we are receiving more in MA Claiming dollars than budgeted. Other revenues are on target.

Ms. Miller moved and Ms. Brasch seconded to approve the 2010 Finance Report. **MOTION CARRIED.**

E. REVIEW AND APPROVAL OF RESTRICTED DONATIONS: Board members reviewed the restricted donation of \$1,020 received in memory of Josephine Roder for Home-Delivered Meals.

Mr. Pamperin moved and Ms. Cochran seconded to approve the Restricted Donations. **MOTION CARRIED.**

NWTC REPORT-FALLS PREVENTION: Ms. Julie Siefert, Physical Therapist Assistant Instructor with Northeast Wisconsin Technical College, introduced herself and reviewed the

Keep Stepping Program available on the NWTC Campus. The *Keep Stepping Program* is a physical activity service learning program involving physical therapist assistant (PTA) students and older adults in a technical college setting. It is a partnership between NWTC and the Aging & Disability Resource Center of Brown County (ADRC) which evolved out of the *Stepping On Program*. *Keep Stepping* is offered free of charge and meets for 1 hour, twice a week for 8 weeks, pairing an older adult with a PTA Student. Seniors receive fitness testing and participate in group exercise sessions. Exercises include warm up, cool down, flexibility, strength, balance and aerobic. Individual exercise is also provided and an education component is provided by the students. Participants must have completed either the *Stepping On* or *Living Well With Chronic Disease* programs offered through the ADRC and receive medical consent. The class enrollment for the Fall of 2009 was 37 adult registrations with 33 regular participants. This program began with a 2 year grant which expired in December 2009; however, NWTC will continue to cover the expense associated with the program. Not only has this collaboration promoted student learning and development, but it has also addressed a human and community need in the area of health and wellness.

GWAAR REPORT-AAA ROLE IN AGING NETWORK: Mr. John Schnabl, Older Americans Act Programs & Special Projects Manager with the Greater Wisconsin Agency on Aging Resources, Inc. (GWAar), gave a brief overview of the GWAar Programs and Services. He explained that in 2009, reorganization of the aging network resulted in maintaining the regional offices in Milwaukee and Dane, closing others, and creating one additional area agency on aging (AAA) to serve the rest of the state. GWAar is this agency.

GWAar provides information, training, and technical assistance combined with leadership and advocacy initiatives to a 70 county area of county and tribal aging offices that deliver programs and services to older people. Working with a team structure, GWAar has developed functional teams for health promotion, nutrition programs, volunteers, transportation, SAMs (software used for reporting), family caregiving, and senior employment. GWAar also contracts with an individual to work with the Great Lakes Intertribal Council to provide overall assistance to tribal units. The role of the AAA is to provide funding and advocacy for these older adult issues. GWAar has also undertaken several special projects such as Medicare Counseling, working with the Veterans Administration Center, and partnering with other local organizations.

Mr. Schnabl emphasized that some of GWAar's goals over the next few years would include becoming more involved with other programs working with older adults, to increase their capacity in volunteers and transportation, to build staff capacity to provide a better process improvement with their present programs, and to build the advocacy piece within the present program.

ADRC REGIONAL OFFICE REPORT: Ms. Pam Groeschl introduced herself as the Regional ADRC Quality Specialist with the Division of Long-Term Care whose role is to work collaboratively with 10 ADRCs to provide technical assistance to resource centers.

She went on to report that Wisconsin has 34 resource centers and has become the model for other states. Her primary roles are to identify issues in the areas of aging, physical disabilities and developmental disabilities and to find ways to improve the quality of the work being done in these areas. 82% of all clients coming to an ADRC are Information & Assistance customers and only 18% of callers are eligible for the publicly funded long-term care programs. Another of Ms. Groeschl's responsibilities is to respond to complaints and grievances received at the state level. Ms. Groeschl explained that one way the regional ADRC office supports resource centers on these issues is by providing training for Information and Assistance Specialists. The main focus is on keeping the trainings broad enough to cover all the targeted areas. An

annual conference is also provided and this year's conference will look at the governing boards.

In summary, the primary role of the regional office is to work collaboratively with the resource centers by providing the technical assistance and training needed for them to improve the quality of the work they do for the aging, physically disabled, and developmentally disabled population.

APPROVAL FOR LEGAL ADVICE REGARDING PROPERTY PURCHASE: Ms. Archambault reported that she had met with Corporation Counsel regarding the possible purchase of commercial property under a condominium agreement. It was recommended that we contact a private attorney who had expertise in this area before proceeding. Ms. Archambault requested board approval to obtain legal advice regarding this property purchase.

Ms. Finler-Stone moved and Ms. Parrish seconded the approval to obtain legal advice.
MOTION CARRIED.

LEGISLATIVE UPDATE:

- Ms. Archambault distributed a handout from the State of Wisconsin Department of Health Services on the U.S. Government's recognition of Wisconsin for achievements in aging and disability resources for board members perusal. Federal officials recognized Wisconsin as the creator of ADRCs, and emphasized that this is the model other states should follow.
- Ms. Finler-Stone shared information from the National Council on Aging on Health Care Reform and highlighted the following 5 positive issues for the older adult population:
 1. The plan will provide health coverage for millions of uninsured Americans plus extra protections for most people who currently have insurance.
 2. The plan will not cut any benefits provided under traditional Medicare and it will even improve some benefits such as: More help with prescription drug costs; better chronic care; and better preventive care.
 3. The plan will help you find and afford long-term care at home.
 4. The plan will improve care for older Americans by helping to prevent and combat elder abuse, neglect, and exploitation; improve the workforce caring for seniors, increase the number of primary care physicians; improve nursing home quality and reduce health insurance premiums for Americans aged 55-65.
 5. The plan will reduce Medicare spending growth – and it's fully paid for.
- Ms. Finler-Stone announced the Coalition of Wisconsin Aging Groups 2010 Senior Statesmanship Program which will take place April 19-22, 2010 in Madison, WI. She distributed registration forms and encouraged those present to attend.
- Ms. Finler-Stone also reminded board members of the Coalition of Wisconsin Aging Group's Spring Kickoff Meeting being held on March 29, 2010 at *The Sports Corner* in De Pere, WI.
- Mr. Schnabl announced that the reauthorization of the Older Americans Act will be coming up in 2011 and in June the Greater Wisconsin Agency on Aging Resources will be hosting some regional events around this. Aging Unit Directors as well as Governing Board Members will be invited to attend.

DIRECTOR'S REPORT: No report.

ANNOUNCEMENTS: The following announcements were made:

- Mr. Diedrick announced that Ms. Archambault has been chosen by N.E.W. Curative to receive its Community Achievement Award. Ms. Archambault will receive her award at N.E.W. Curative's 62nd Annual Recognition & Volunteer Banquet being held at the Stadium View in Green Bay on Monday, April 19th. Registration forms were distributed and all were invited to attend.
- Mr. Diedrick invited those present to attend the Assistive Technology Resource Fair being held at the Lambeau Field Atrium on Thursday, May 13th from 10:00 a.m.-5:00 p.m. The fair is being sponsored by the Assistive Technology Resource Center at UW-Stout, Green Bay Home Medical Equipment, *Options* for Independent Living, and VisTech.
- Mr. Pamparin announced that Pat Finder-Stone has been designated a Distinguished Alumni of the University of Wisconsin Green Bay and will be honored at the Alumni Awards Dinner on April 17th at the Weidner Center.
- Mr. Maricque, Executive Director at Red Cross, informed the ADRC Board of Directors that the Red Cross was able to purchase a 2009 Chevy Impala with 20,000 miles for \$15,300 as a replacement vehicle. He thanked the board for their financial support in this matter.
- Ms. Pat Stevens, a visiting intern with Brown County Protective Services, stated she had attended other board meetings and was impressed with the ADRC Board of Director's sense of enthusiasm, commitment and involvement. She also commended them on their collaborative efforts within the community.
- Mr. Diedrick extended an invitation for anyone interested to participate in a tour of the *Options for Independent Living* Facility following the meeting.

NEXT MEETING DATE – April 22, 2010: Mr. Maricque extended an invitation to the board to hold the April 22nd meeting at the American Red Cross Facility at 121 Bader Street, Green Bay. The board accepted the invitation.

ADJOURN: Sup. Clancy moved to adjourn and Ms. Miller seconded. **MOTION CARRIED.** The meeting adjourned at 10:28 a.m.

Respectfully submitted,



Arlene Westphal, Secretary